



MISSOURI
LEAGUE FOR
NURSING
FALL 2018
WORKSHOPS
CHOOSE A LOCATION
NEAR YOU
TO ATTEND

**ONE-DAY WORKSHOPS FOR
HEALTH CARE PROFESSIONALS**

CE Approved for Nursing Home Administrators
As low as \$25 for CNAs, Activities, Dietary, and others not seeking CE.

**Workshops available
September - November
Reserve your spot today!**



Missouri League
for Nursing

Missouri League for Nursing
604 Dix Road
Jefferson City, MO 65109

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NURSING
FALL 2018
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Non-Profit Org.
**U.S. POSTAGE
PAID**
Jefferson City, MO
Permit No. 66

DIABETES SELF-MANAGEMENT EDUCATION: COMMUNITY BASED DSME

Target Audience: Nursing Home Administrators, RNs, LPNs, CNAs, Social Workers, Activity Directors, Occupational and Physical Therapist, Dietary, Diabetes Educators

CE Approved: Nursing Home Administrators (5 patient care hours)

Program: Registration 8:30 a.m., Program 9 a.m. – 3:30 p.m.
Lunch 11:45 a.m. – 12:45 p.m.

Purpose: We all know someone that has been affected by diabetes in some way. A lot of progress has been made with research and new drugs to help people do better in managing their diabetes. Imagine if there were a collaborative approach to have people from the community be trained in an evidence-based curriculum. The good news—there is! This model creates a pathway for individuals to go back to their own community and deliver free diabetes workshops using a group model approach. In this presentation you will learn more about how we train educators in a way that respects adult learning styles by doing hands-on activities, using plain language, visual aids, and having group discussion to help people feel more empowered to manage their diabetes. This session will arm you with techniques to use in guiding patient and group engagement, and provide insight to a growing sustainable statewide effort to support community DSME.

Objectives:

- Provide the inspiration for community self-management support.
- Describe the burden of diabetes in Missouri.
- See background of our community education efforts in Missouri.
- Outline benefits of community outreach.
- Demonstrate interactive methods of curriculum based DSME.
- Outline techniques of motivational interviewing and action planning.
- Share how we can work together.
- Hear from experienced peer educators from the field.

SPEAKERS:

Dorothy Andrae, MHA, BSN, RN, CPHQ, Director Clinical Operations-Government, Primaris, Columbia, Missouri. Andrae joined Primaris in 2000 with 21 years of health care experience in multiple settings including hospital, home health, administration, outreach, and office based care. She has worked in many project areas; building community self-management efforts in Missouri, Master Trainer for TeamSTEPS, health care Lean certified, and Certified Professional in Healthcare Quality.

Candy Williams, RN, CDE EP-C, Quality Improvement Program Specialist, DSME and Community, Primaris, Columbia, Missouri. Williams's professional life provides for full opportunity to promote the benefits of healthy living to people everywhere. She has spent much of her professional life in the preventive services of cardiac rehab, pulmonary rehab, and diabetes management.

DATES/LOCATIONS

- Oct. 26** **Columbia,** Tiger Place, 2910 Bluff Creek Dr
- Nov. 7** **Cape Girardeau,** Cape Girardeau Career and Technology Center, Distance Learning Center Meeting Room, 1080 South Silver Springs Rd
- Nov. 8** **St. Louis,** Cardinal Ritter Senior Services on the Cardinal Carberry Campus, Mother of Perpetual Help Building, Lally Room, 7601 Watson Rd

STATE SURVEY PROCESS: SURPRISE STATE IS HERE!

Target Audience: Nursing Home Administrators, RNs, LPNs, CNAs, Social Workers, Activity Directors, Occupational and Physical Therapist, Dietary, Diabetes Educators

CE Approved: Nursing Home Administrators (5 administrative hours)

Program: Registration 8:30 a.m., Program 9 a.m. – 3:30 p.m.
Lunch 11:45 a.m. – 12:45 p.m.

Purpose: Preparing for annual survey is an ongoing process. The leadership team's reaction to the survey process can determine how staff will respond to the survey process. This presentation will describe the current changes in the survey process from the surveyor's perspective. Learn skills and tools that can be used to increase the knowledge level to help create a seamless survey response.

Objectives:

- Review the long-term care survey process, including recent changes, beginning with the survey team's offsite preparation.
- Discuss what surveyors are doing while in your home and why.
- Prepare yourself and train your staff for the survey process.
- Outline steps and tools to assist in developing a survey book/plan.

SPEAKER:

Cathy Galloway, RN, BSN, Owner, Galloway Consulting Group, LLC, Jefferson City, Missouri. Ms. Galloway is a former Department of Health and Senior Services Long-Term Care Surveyor with over ten years' experience. While at DHSS, as the State Long-Term Care Surveyor Trainer, she developed and provided training for state surveyors. Additional DHSS experience includes direct supervision of LTC surveyors and the Central Office Compliance and Regulation Unit.

DATES/LOCATIONS

- Oct. 4** **Springfield,** Maranatha Village, 233 E Norton Rd
- Oct. 11** **Poplar Bluff,** Oakdale Care Center, 2702 Debbie Ln
- Oct. 12** **St. Louis,** Cardinal Ritter Senior Services on the Cardinal Carberry Campus, Mother of Perpetual Help Building, Lally Room, 7601 Watson Rd
- Oct. 24** **Kansas City,** Kingswood, Westminster Hall, 10000 Wornall Road

WORKSHOP LOCATIONS & DATES



POSITIVE APPROACH® TO BRAIN CHANGE: PART 1 (AM)

Target Audience: Nursing Home Administrators, RNs, LPNs, CNAs, Social Workers, Activity Directors, Occupational and Physical Therapist, Dietary, Diabetes Educators

CE Approved: Nursing Home Administrators (2.5 patient care hours)

Program: Registration 8:30 a.m., Program 9 a.m. – 11:45 a.m.

Purpose: To provide participants with increased knowledge to implement effective caring strategies for persons living with dementia. This enlightened and interactive workshop is designed to introduce the Positive Approach™ philosophy and care partnering techniques that change the way people think about dementia. What's happening in the brain/mind of a person living with dementia will be addressed and well as an intro to Hand-under-Hand® (HUH®) guide and assist. The Positive Approach™ to Care philosophy will also be discussed.

Objectives:

- Identify the five sensory input and processing systems highlighting the dominant role of vision.
- Discuss the impact of changing sensory awareness and processing as dementia progresses.
- Describe changes in visual processing that impact a person's ability to initiate interactions and respond to efforts to communicate and interact when initiated by others, when dementia is present.
- Discuss purpose and value of using Positive Physical Approach™ and Hand-under-Hand® technique with people living with dementia.

DATES/LOCATIONS FOR PART 1 & 2 WORKSHOPS

Sept. 25 St. Louis, Cardinal Ritter Senior Services on the Cardinal Carberry Campus, Mother of Perpetual Help Building, Lally Room, 7601 Watson Rd

Sept. 26 Columbia, Courtyard by Marriott, Salon D, 3301 LaMone Industrial Blvd

POSITIVE APPROACH® TO BRAIN CHANGE: PART 2 (PM)

Target Audience: Nursing Home Administrators, DONs, and anyone in a leadership role

CE Approved: Nursing Home Administrators (2.5 patient care hours)

Program: Registration 12:15 p.m., Program 12:45 p.m. – 3:30 p.m.

Purpose: To discuss budgeting, advocacy, and leadership encompassing dementia care in communities. This workshop will also focus on implementing and incorporating effective dementia care strategy programs within communities.

Objectives:

- Discuss the benefits and value to both care staff and person living with dementia when Positive Physical Approach™ and Hand-under-Hand® technique are in practice, including the benefit of promoting proactive support and person-centered care.
- Describe budgeting priorities for implementing a dementia aware vs dementia knowledgeable vs dementia skilled community.
- Discuss the responsibility and importance of advocating for trained staff and for the person living with dementia.
- Describe 360° leadership in a care community with the person living with dementia.

SPEAKER FOR PART 1 & 2 WORKSHOPS

Kathy Tuckey, MA, Dementia Training Specialist, Augusta, Georgia. Kathy has held leadership roles in the assisted living industry as both an executive director and resident relations director. Tuckey served as the Program Director for the Alzheimer's Association Georgia Chapter for over 8 years. As Program Director she was responsible for dementia training for professionals and family caregivers as well as all Alzheimer's and dementia programming in a seventeen county region. Tuckey has over 30 years experience in the area of gerontology. She currently provides consulting services and trainings in the area of dementia. Tuckey is a Positive Approach™ to Care certified trainer.

CE/CERTIFICATE OF ATTENDANCE INFORMATION

AD	ACTIVITY DIRECTOR: May meet the requirements of the National Certification Council for Activity Professionals.
DM	DIETARY MANAGER: May meet the requirement for general hours by the Certifying Board of Dietary Managers.
LPN	LICENSED PRACTICAL NURSE: Certificates of attendance will be awarded.
NHA(A)/(PC)	NURSING HOME ADMINISTRATOR (ADMINISTRATIVE/PATIENT CARE): Approved for administrative or patient care clock hours by the Missouri Board of Nursing Home Administrators through TA #044-719.

OT	OCCUPATIONAL THERAPIST: May meet the requirements of the Missouri Board of Occupational Therapy.
PT	PHYSICAL THERAPIST: May meet the requirements of the Missouri Advisory Commission for Professional Physical Therapists.
RD/DTR	REGISTERED DIETITIAN/REGISTERED DIETETIC TECHNICIAN: May meet the requirements for CPE hours by the Commission on Dietetic Registration (CDR) of ADA.
RN	REGISTERED NURSE: Certificates of attendance will be awarded.
SW	SOCIAL WORKER: May meet the requirements of the State Committee for Social Workers.

INTIMACY, SEXUALITY, AND DEMENTIA

Target Audience: Nursing Home Administrators, RNs, LPNs, CNAs, Social Workers, Activity Directors, Occupational and Physical Therapist, Dietary, Diabetes Educators

CE Approved: Nursing Home Administrators (5 patient care hours)

Program: Registration 8:30 a.m., Program 9 a.m. – 3:30 p.m.
Lunch 11:45 a.m. – 12:45 p.m.

Purpose: Dementia may cause changes in intimacy and sexual behavior which can be a challenge for caregivers. This workshop will explore best practices regarding a better understanding and responses to intimacy and sexual situations with residents who have dementia.

Objectives:

- Distinguish the differences between sexuality and intimacy.
- Provide information to help families/spouses understand the progression of dementia.
- Discuss the resident's rights.
- Identify sexual abuse.
- Discuss STD's.
- Share strategies to prepare families, staff, and residents for situations involving intimacy and sexuality issues.

SPEAKER:

Brenda Akers, MSW, Social Worker, Lutheran Senior Services at Meramec Bluffs, St. Louis, Missouri. Ms. Akers has worked as a social worker since 1996. Her passion is working with individuals with dementia.

DATES/LOCATIONS

Oct. 24 St. Louis, Cardinal Ritter Senior Services on the Cardinal Carberry Campus, Mother of Perpetual Help Building, Lally Room, 7601 Watson Rd

Oct. 25 Cape Girardeau, Chateau Girardeau, Event Room, 3120 Independence St.

Nov. 6 Chillicothe, Morningside Center Assisted Living Apartments, Coherence Room, 1700 Morningside Dr.

Nov. 7 Kirksville, Kirksville Area Technical Center, PN Classroom, 1103 S Cottage Grove Ave

MLN REGISTRATION FORM & MEMBERSHIP APPLICATION

Please print or type.
For multiple registrations,
please copy form.

Name _____
MLN ID # _____
Home Address _____
Home Email _____
Work Email _____
Position _____
Work Address _____
Main Work Phone _____

Last Four Digits S.S. # _____
Employer MLN ID # _____
Home City, State, Zip _____
Cell Phone _____
Place of Employment _____
Credentials _____
Work City, State, Zip _____

Confirmation and certificates will be sent via email. Providing your email address authorizes MLN to send you timely information.

WORKSHOP REGISTRATION & COST Indicate workshop information for which you are registering.

Workshop Title: _____ Date: _____ City: _____
Workshop Title: _____ Date: _____ City: _____
Workshop Title: _____ Date: _____ City: _____
Workshop Title: _____ Date: _____ City: _____

2.5 Hour One-Day Workshops: Indicate workshop(s) cost for each workshop registered for.

Regular \$84 Organizational/Professional Member \$62 Organizational/Professional Member \$25 (No CE)

5 Hour One-Day Workshops:

Regular \$169 Organizational/Professional Member \$125 Organizational/Professional Member \$75 (No CE)

Other Rates:

Student \$50 Student Member \$35 Organizational/Student Member Group Rate (3 or more)
receive \$10 off per registrant

SAVE ADD MEMBERSHIP WITH REGISTRATION Call the MLN office for details.

\$250 Organizational (CE Credit) \$250 Professional (CE Credit) \$90 Individual (No CE Credit)
ADD \$5 \$10 \$20 Other \$ _____ to support nursing scholarships.

PAYMENT METHOD Please check method of payment. We cannot bill you.

Check Enclosed Discover/MC/Visa Total Enclosed \$ _____

Card # _____ Exp. Date _____ 3-Digit Security Code _____

Billing Zip Code _____ Signature _____

**Mail payment to: Missouri League for Nursing, 604 Dix Road, Jefferson City, MO 65109.
Fax form to 573-635-7908 OR Register Online at mlnmonursing.org.**

REGISTRATION FEES include all course materials and CE/certificates of attendance. Lunch is on your own.

MEMBER DISCOUNTS, up to 35% off the Regular registration fees are available to Professional Members and all employees of an Organizational Member, seeking continuing education (CE) hours. Individual Members cannot receive administrative or patient care CE hours without an organizational or professional membership. Individual members may attend for professional development at the discounted NO CE rate available to all memberships levels.

GROUP RATE DISCOUNTS are only available to Organizational Members. Three or more registrations for the same workshop topic will each receive a \$10 discount. Registrations must be received together with one payment. No credits or refunds will be granted for group rate cancellations.

NO CE RATE DISCOUNT is available to Individual Members, Professional Members and ALL employees of an Organizational Member seeking professional development who do not want CE hours.

PAYMENT OF REGISTRATION FEES: Registration payments must be received by noon the day prior to the educational offering. WE CANNOT BILL YOU. Registrations may be submitted by mail, phone between normal business hours of 8:30 a.m. - 4:30 p.m., fax, or online at www.mlnmonursing.org. Discover/MasterCard/Visa accepted. There is a \$30 service charge on all returned checks. NOTE: Late registrations must register according to the on-site registration policy.

ON-SITE REGISTRATIONS: On-site registrations are accepted if space is available on a first-come, first-served basis with payment of fees plus an additional \$15.

SUBSTITUTIONS AND CANCELLATIONS: Substitutions are allowed. You may cancel up to 48 hours prior to the workshop and receive full credit or upon written request a refund less a \$25 processing fee. Cancellations less than 48 hours may send a substitute or transfer registration to another workshop within 6 months. Refunds/credits are not offered if registrant fails to attend without prior notification. MLN reserves the right to cancel workshops for low enrollment (a credit or full refund will be offered). MLN reserves the right to substitute presenters without notice.

CONFIRMATION OF REGISTRATION: Confirmations are sent to the email address given on the registration form. Please provide a copy to your employer if necessary.

AMERICANS WITH DISABILITIES ACT: If you have special needs addressed by this Act, please notify the MLN. Reasonable efforts will be made to accommodate your needs.

ADDITIONAL INFORMATION: Income tax deductions are permitted by U.S. Treasury Regulation 1.162-5 for educational purposes. Please bring a sweater or jacket due to variations in meeting room temperatures.