

Purpose

To provide nursing home administrators (NHA) and nurses with the essential information needed to effectively serve long term care residents and efficiently perform their leadership role and job responsibilities. This program was specifically designed to provide the NHA with 20 hours of CE including patient care (PC) hours within a 2½ day format.

Thursday, March 1, 2012

7:30 a.m. Registration/Breakfast

8 – 10 a.m. 2 (PC) clock/contact hours

Fundamentals of Wound Care

Speakers: Kimberly Jamison, MD, FACP, FAPWCA and Kim Mitchell, RN

Objectives:

1. Review pressure ulcer risk factors, strategies for prevention, assessment, staging, treatment, and education for residents and their families.
2. Describe basic concepts of chronic wound care and etiologies.
3. Demonstrate knowledge in the role of nutrition and co-morbidities in the wound healing process.
4. Describe dressing selection of wound products/dressings related to optimizing the wound healing environment.

10:15 – 11:45 a.m. 1.5 (A) clock/contact hours

Refresh With Humor

Speaker: Denise Schorp, BSN, RNC

Objectives:

1. Define stress, distress, and eustress.
2. List the benefits of using humor in your life.
3. Differentiate between positive and negative humor.

11:45 a.m. – 12:30 p.m. Lunch (provided)

12:30 – 2 p.m. 1.5 (A) clock/contact hours

Walking the Talk of HIPAA

Speaker: Laura Gerdes Long, JD

Objectives:

1. Discuss HIPAA privacy and security rules.
2. Discuss how to respond to requests for medical records.
3. Develop tools to achieve good practices.

2:15 – 3:45 p.m. 1.5 (A) clock/contact hours

Minefields in Employment Law

Speaker: Ruth Binger, JD

Objectives:

1. Discuss current employment issues.
2. Review warning signs of protected behavior.

4 – 5:30 p.m. 1.5 (A) clock/contact hours

Getting Paid From the Beyond: How to Collect From Estates

Speaker: Misty Watson, JD

Objectives:

1. Discuss how estates function and the role of a creditor in that function.
2. Review the differences between a power of attorney, guardianship, and conservatorship.

Friday, March 2, 2012

7 a.m. Registration/Breakfast

7:30 – 9:30 a.m. 2 (PC) clock/contact hours

Using a Quality Improvement Approach to Manage Falls

Speaker: Alexis Roam, MSN, RN

Objectives:

1. Outline highlights of the clinical practice guidelines related to fall management.
2. Explore components of a comprehensive fall management program.
3. Relate case studies to resident and system level fall issues.

9:45 – 11:45 a.m. 2 (A) clock/contact hours

What's New With MDS 3.0

Speaker: Carol Siem, MSN, RN, BC, GNP

Objectives:

1. Analyze current MDS 3.0 changes since October 2011.
2. Discuss the financial impact of the Final Rule.
3. Discuss scheduling of MDS 3.0.
4. Establish internal monitoring systems for compliance.

11:45 a.m. – 12:30 p.m. Lunch (provided)

12:30 – 1:30 p.m. 1 (PC) clock/contact hour

Geriatric Medical Emergencies: What Happens After the Ambulance Leaves

Speaker: Cecil Downing, CCEMT-P

Objectives:

1. Develop tools for improving emergency medical care.
2. Review information on EMS treatments and capabilities.
3. Discuss information on in-hospital care of residents coming from long term care facilities.

1:45 – 3:15 p.m. 1.5 (PC) clock/contact hours

Legal Issues Affecting Long Term Care

Administrators and EMS

Speaker: Cecil Downing, CCEMT-P

Objectives:

1. Discuss refusals of care.
2. Discuss DNRs and advanced directives.

3:30 – 5 p.m. 1.5 (A) clock/contact hours

Most Frequently Cited Rules and Regulations

Speaker: Shelly Williamson, MS

Objectives:

1. Review the most frequently cited deficiencies.
2. Discuss strategies to avoid citations.
3. Review citation trends.

Saturday, March 3, 2012

7 a.m. Registration/Breakfast

7:30 – 9:30 a.m. 2 (A) clock/contact hours

Motivation: Going From Ho-Hum to Gung-Ho

Speaker: Colleen Neill, MA, MS

Objectives:

1. Discuss the communication process and styles.
2. Identify types of power and the effect on motivation.
3. Explain a proven method for mentoring.
4. Discuss work/life balance in order to avoid burnout.

9:45 a.m. – 12:15 p.m. 2 (A) clock/contact hours

Healthy Body, Healthy Brain: How You Can Get Stronger and Smarter—And Stay That Way

Speaker: Deborah Kukal, PhD, ABPP

Objectives:

1. Demonstrate stress/lifestyle damage to brain and body.
2. Discuss possibility of recovery.
3. Develop tools and strategies for brain health.

★ Handouts will be **emailed** to registrants one week prior to the conference. Late handouts will be emailed up to the day prior to the conference. It is your responsibility to print off the handouts and bring them with you to the conference. **No hard copy handouts will be available at the conference.**

The MLN is grateful to Boone Hospital Wound Healing Center, Danna McKittrick, P.C., Attorneys at Law, Primaris, University of Missouri-Sinclair School of Nursing, and Missouri Department of Health and Senior Services for their support of this program.

Speakers

Ruth A. Binger, JD, Principal, Danna McKittrick, P.C., Attorneys at Law, St. Louis, Missouri

Cecil Downing, CCEMT-P, Paramedic Instructor, IHM Health Studies Center, St. Louis, Missouri

Kimberly Jamison, MD, FACP, FAPWCA, Medical Director and Physician, Boone Hospital Wound Healing Center, Columbia, Missouri

Deborah Kukal, PhD, ABPP, Psychologist, St. John's Center for Pain Management, Springfield, Missouri

Laura Gerdes Long, JD, Principal, Danna McKittrick, P.C., Attorneys at Law, St. Louis, Missouri

Kim Mitchell, RN, Clinical Nurse Manager, Boone Hospital Center, Columbia, Missouri

Colleen Neill, MA, MS, President/CEO, Neill Communications, LLC, Galena, Missouri

Alexis Roam, MSN, RN, Program Manager, Nursing Home Services, Primaris, Columbia, Missouri

Denise Schorp, BSN, RNC, Nurse Utilization Specialist, St. John's Hospital Case Management, Springfield, Missouri

Carol Siem, MSN, RN, BC, GNP, Clinical Educator, University of Missouri-Sinclair School of Nursing, Columbia, Missouri

Misty A. Watson, JD, Attorney, Danna McKittrick, P.C., Attorneys at Law, St. Louis, Missouri

Shelly Williamson, MS, Assistant Section Administrator, Section for Long Term Care Regulation, Missouri Department of Health and Senior Services, Jefferson City, Missouri

CE Approved

NHA: This program has been approved for **20 clock hours (13.5 A/6.5 PC)** by the Missouri Board of Nursing Home Administrators #TA-044-712.

RN:

The Missouri League for Nursing, Inc. is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

MONA Provider Approval # 113-VI

Reciprocity: This approval is reciprocal in all states and for all specialty organizations that recognize the ANCC approval process. Please contact your State Board of Nursing if licensed in states other than Missouri to ensure that this program meets the requirements for your state.

LPN: Approved through the Missouri State Association of Licensed Practical Nurses for 20.5 contact hours.

Certificates will be emailed to each participant for the attended sessions within 30 days following the conference.

Registration Form

21st Annual MLN Institute for
Nursing Home Administrators, March 1 - 3, 2012
(Detach & return - Print legibly or type)

Name _____

Last four digits of your S.S.# _____

Home Address _____

Home City, State, Zip _____

Home Phone _____

Cell Phone _____

NHA RN LPN Other _____

Employer _____

Work Address _____

Work City, State, Zip _____

Work Phone _____

Work Fax _____

Email _____

(Confirmations, handouts, and certificates
will be sent via email.)

**Please check the appropriate box below and enclose
payment:**

Postmarked by 2/1/12

- \$395 Member \$495 Nonmember
 \$445 Program & 1 Year Individual Membership
 \$590 Program & 1 Year Agency Membership

Postmarked after 2/1/12

- \$445 Member \$545 Nonmember
 \$495 Program & 1 Year Individual Membership
 \$640 Program & 1 Year Agency Membership
 Group rate – \$25 deduction (see Registration Information)
 On-site registration – additional \$25

★ Reminder: Handouts will be emailed to registrants.
No hard copies will be available at the institute.

Please check method of payment. We cannot bill you.

- Check Enclosed Debit Card
 Discover/MC/Visa Total Enclosed \$ _____

Card # _____

Exp. Date _____ 3-Digit Security Code _____

Zip Code of Credit Card Billing Address _____

Signature _____

Send payment to: **Missouri League for Nursing,
PO Box 104476, Jefferson City, MO 65110-4476, or
fax to 573-635-7908.**

Registration Information

Registration: Send registration form and appropriate fees to: Missouri League for Nursing, PO Box 104476, Jefferson City, MO 65110-4476. Telephone 573-635-5355 and faxed 573-635-7908 registrations must be charged by Discover/MC/Visa. You may register and pay online at www.mlnmonursing.org. **We cannot bill you.** Onsite registrations will be allowed, based on availability, with payment of fees plus an additional \$25.

Note: Registration/payment not received in the MLN office 72 hours prior to the institute will be required to pay the onsite registration rate. There will be a \$25 service charge on returned checks.

Fees Include: Specified meals and breaks.

Confirmation: You will receive a confirmation via email 7-10 business days after receipt of registration. Please provide a current email address on the registration form.

Cancellations: No refunds will be made if registrant fails to attend or MLN is notified less than 5 business days prior to institute. There is a \$25 non-refundable cancellation fee if the MLN is notified on or before **February 24** and followed up with a written request. *Substitutions are permitted.*

Group Rate: Three or more pre-paid registrations from the same facility will **EACH** receive a \$25 discount on this institute. Registrations must be received together accompanied by **ONE** check or Discover/MC/Visa charge. No refunds will be granted for group rate cancellations.

Miscellaneous: Treasury Regulation 1.162-5 permits an income tax deduction for educational purposes. Smoking is prohibited in the meeting rooms. Pagers and cell phones should be placed on vibrate or silent ring. Please contact the MLN to arrange for special ADA needs. Bring a sweater or jacket due to varying meeting room temperatures. For additional information, contact the MLN office at 573-635-5355. Registrations **are limited**. Daily rates available.

LOCATION

**Country Club Hotel & Spa
301 Carol Road, Lake Ozark, MO**

From Hwy. 54, take Business 54/Bagnell Dam exit right. At first stop light turn right onto Horseshoe Bend Parkway (HH). Go approximately 2 miles and turn right on Carol Road. Turn left in the Country Club Hotel & Spa - Four Seasons condominium complex. Visit www.countryclubhotel.com for additional information. A block of rooms have been reserved at the special rate of \$79 per night. This room rate does not include sales and lodging tax. To make your lodging reservations, call toll free 800-964-6698. Be sure to mention the MLN to receive the discounted rate. Call the hotel by **February 14, 2012**, to ensure reservation.

MISSOURI LEAGUE FOR NURSING, INC.

PO Box 104476

Jefferson City, MO 65110-4476

FINAL NOTICE!

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21st Annual
MLN Institute for
Nursing Home
Administrators



Missouri League
for Nursing

MARCH 1 - 3, 2012



HOTEL & SPA

LAKE OZARK, MO

PO Box 104476
Jefferson City, MO 65110
573-635-5355
573-635-7908 f
www.mlnmonursing.org