

MENTAL ILLNESS: OVERCOMING CHALLENGES OF OLDER ADULTS

(5 contact/clock hours)

CE Approval Codes: NHA(PC), RN, LPN, AD, CCM, DM, OT, PT, SW

PURPOSE: To assist health care professionals in overcoming challenges they face working with patients/residents with mental health illnesses.

OBJECTIVES:

1. Recognize unique symptoms and behaviors associated with mental illness in the aging population.
2. Recognize causes of impaired mental functioning in older adults.
3. Describe the various treatments, alternative therapies, and holistic approaches that can improve older adults' mental health.
4. Describe ways to establish rapport and effectively communicate with older adults who have mental challenges.
5. Identify community resources for older adults with mental health challenges.

PROGRAM: Registration 8:30 a.m., Program 9 a.m. - 3:30 p.m., Lunch 12 - 1 p.m.

Characteristics of Mental Illness in the Aging Population

Symptoms and Behaviors

Coping With Age Diversity: Impaired Older Adults

Causes of Impaired Mental Functioning

Case Scenarios

Current Treatments

Behavior Therapy

Common Alternative Therapies and Holistic Approaches

Intervention and Rapport Building Skills

Strategies for Communicating

Community Resources

PROGRAM FEES:
<u>Requesting CE Credit</u>
Member: \$125
Nonmember: \$160
<u>Not Requesting CE Credit</u>
Member: \$75

SPEAKER: Susan Crain Lewis, MSSW, President/CEO, Mental Health America of the Heartland, Kansas City, Kansas. Susan is responsible for oversight of all programs and management of a bi-state advocacy, education, and support organization.

DATES & SITES:

February 14 St. Louis, Cardinal Ritter Senior Services on the Cardinal Carberry Campus, Mother of Perpetual Help Building, Lally Room, 7601 Watson Rd.

February 15 Columbia, Primaris, Rooms B and C, 200 N. Keene St.

April 3 Springfield, The Neighborhoods at Quail Creek, Ozark Room, 1514 W. Lark St.

April 4 Joplin, Spring River Christian Village, Basement Chapel, 201 S. Northpark Ln.

April 24 Lee's Summit, John Knox Village, Ambassador Room, 400 N.W. Murray Rd. (The Ambassador Room is located by the KC Internal Medicine office.)

The Missouri League for Nursing, Inc., is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

MONA Provider Approval #113-VI

Approved by the Missouri Board of Nursing Home Administrators through TA #044-712.

MENTAL ILLNESS:

OVERCOMING CHALLENGES OF OLDER ADULTS

(Please print or type - for multiple registrations, please copy form)

Name _____

Last Four Digits of your S.S. # _____

Home Address _____

Home City, State, Zip _____

Home Phone _____

Cell Phone _____

Position _____

NHA RN LPN Other _____

Place of Employment _____

Work Address _____

Work City, State, Zip _____

Work Phone _____ Fax # _____

Email _____

Providing your email address authorizes MLN to send you timely information.

PLEASE INDICATE:

Date _____ City _____

Please Check:

Individual Member \$125 (For CE Credit)

Agency Member \$125 (For CE Credit)

Member NOT Requesting CE Credit \$75

Nonmember \$160 (For CE Credit)

Group Rate Member (3 or more) \$115 each (For CE Credit)

Group Rate Nonmember (3 or more) \$150 each (For CE Credit)

Save: Add a membership effective with this registration.

Agency Membership Dues \$195

Individual Membership Dues: 1 year \$50 2 years \$80

Add \$1 \$5 \$10 to support nursing scholarships

Please check method of payment. We cannot bill you.

Check Enclosed Debit Card

Discover/MasterCard/Visa Total Enclosed \$ _____

Card # _____

Exp. Date _____ 3-Digit Security Code _____

Zip Code of Credit Card Billing Address _____

Signature _____

Send payment to: Missouri League for Nursing, PO Box 104476, Jefferson City, MO 65110-4476 or fax to 573-635-7908.