

# Pressure Ulcer Prevention

PUP  
protects your  
skin!



## PUP “Bugs” for Communication

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Has this happened to you? Mr. Jones is admitted to your facility following hip surgery and you see a reddened boggy patch of skin on his opposite hip? Or you’re readmitting a resident following a hospital stay for an acute condition and you find a Stage 3 pressure sore on his heel. It’s not surprising: 17-35% of residents have ulcers when admitted to nursing homes with many being transferred from hospitals.

Some hospitals and nursing homes significantly decreased pressure ulcers by effectively sharing information at transfer through transfer forms. Examples are contained in a toolkit you can find

on the Missouri Hospital Association website, entitled *Continuity of Care Transfer Project*. These forms also help you improve MDS accuracy and decrease its completion time, develop care plans, and support the need for skilled care.

Both hospital and LTC forms in the toolkit contain information needed by physicians and care givers to identify both, residents with pressure ulcers and those who have a high risk for developing pressure ulcers. It also includes information for developing individual care plans and taking preventive measures. The forms help you share vital information such as the resident’s mental status, mobility, physical impairments, other disabilities, infections, nutrition, and elimination. Most importantly the forms identify non-intact skin areas and the current treatment. Without this information, the facility receiving the resident can fail to provide the correct number and intensity of preventive measures or treatment and sometimes may even fail to identify persons at risk.

**For more information on the *Continuity of Care Transfer Project* or to download the transfer form:**

Go to <http://web.mhanet.com/asp/articles.aspx?navid=111&pnavid=4&articleid=143> and click on “LTC Transfer Form.” For information about pressure ulcer reduction, visit [www.primaris.org](http://www.primaris.org), [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org), [www.moaha.org](http://www.moaha.org), and [www.mohealthcare.com](http://www.mohealthcare.com).



### Action Steps:

1. Evaluate your current transfer process and forms using the toolkit’s questionnaire.
2. Begin using the LTC transfer form or develop your own.
3. Track the origination of every pressure ulcer to determine which hospital would be a good partner.
4. Meet with discharge planners at the identified hospital to propose partnership on transfer protocols.
5. Maintain communication with the hospital to improve community-wide transfer process.

### MoLANE Planning Committee Members:

- Missouri Association of Homes for the Aging
- Missouri Health Care Association
- Missouri Coalition Celebrating Care Continuum Change
- Missouri Association of Nursing Home Administrators
- Missouri Department of Health and Senior Services
- Missouri Hospice and Palliative Care Association
- Missouri League for Nursing
- Missouri State Long-Term Care Ombudsman
- National Association of Health Care Assistants
- Primaris, Missouri’s Medicare Quality Improvement Organization
- Missouri Hospital Association
- Quality Improvement Program for Missouri (QIPMO)

**Watch for more PUP Tips!!!**