

MLN Connection



Missouri League for Nursing

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Fall 2010

Mission: "To support the delivery of quality health care by nurses and other health care providers through education, collaboration, and information."

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President's Message

By Nancy Fredrich, BSN, RN, President, MLN Board of Directors

Wow! Can you believe we will be celebrating the beginning of a new year in just a few more months? Where are you with your goals for 2010? Sometimes even our best made plans do not fall into place the way we envisioned them. I am certain by now many of you are overwhelmed by all the health care reform measures taking place and dictating our lives as providers of health. There seems to be the constant struggle to do more with less. Granted, we may have to do that; yet I challenge all of us to also be creative in our thinking about how can we do this while at the same time improve the quality and the safety of the care we provide. The simple task or courtesy of "being nice," or sharing a smile, or even anticipating the need of a coworker and responding to the anticipation does not cost us a cent and often does not cost anymore time either. For example, if you have to walk down a hallway to get to a destination, you can walk smiling and perhaps make it in even better time than you did if you were not smiling. Perhaps you would even arrive at your destination ready to take on the challenge before you with confidence and a shield to protect you from the negativity that so often costs us time, safety, and money.

Recently, I had the privilege of participating in two conference calls with NLN and the Presidents of other NLN Constituent Leagues. I also participated in the NLN Council of Constituent Leagues annual meeting in Las Vegas. These meetings provided the opportunity to share information and to hopefully move our organization in a positive direction to improve nursing education and health care qualities. It is my hope to facilitate courtesies and behaviors that will help us build a stronger organization across our country. All of us know the importance of not only a well trained health care provider, but also one who is positive, courteous, and anticipatory. These behaviors need to be modeled by all of us.

As each of us lives out the rest of 2010, take some time to count your smiles. Count the times you choose to be nice and the times you acted on the anticipatory needs of others. If you make it your own personal challenge and measure your behavior changes, you have the potential to increase efficiency, save money, maintain safety, and just plain have a good time! Make a positive difference!

Respectfully,
Nancy

MLN Wedding

Nichole, MLN's Program Manager, just got married! She was married to Collin Brink on August 21. They will be taking their honeymoon, to Mexico, in November.

Congratulations Mr. and Mrs. Brink!



Twitter – Follow Us and Receive a Discount Off a Fall 2010 One-Day Workshop

The Missouri League for Nursing is now on Twitter! Find us by searching lori@mlnmonursing.org. The next ten people who sign up to follow the MLN will receive a coupon for \$20 off a fall 2010 one-day workshop.

The coupon will be emailed to each qualifying follower.

MDS 3.0 2-Day Item by Item Training

MDS 3.0 two-day item by item training is coming in November! The brochure is available on our website.

November 2 & 3	Kansas City
November 9 & 10	St. Louis
November 17 & 18	Columbia

MDS 3.0 Webinars

The MLN is excited to announce MDS 3.0 training via webinars. Contact the MLN office to register.

Medicare and Scheduling

October 7, 2010

1:30 – 3 p.m.

Purpose:

This webinar will review the two types of OMRA's End of Therapy (EOT) and Start of Therapy (SOT) as well as the Short Stay requirements.

Objectives:

1. Describe the requirements of when to do the EOT, SOT, or Short Stay Assessment.
2. Review the financial implications of each.

Item Sets and Combining Assessment Types

October 14, 2010

1:30 – 3 p.m.

Purpose:

This webinar will review the different item options that are now available and what needs to be done when combining the different types of assessments.

Objectives:

1. Recognize the nine different item sets for long term care.
2. Review the requirements for combining assessment types.

Coding MDS 3.0

October 28, 2010

1:30 – 3 p.m.

Purpose:

This webinar will discuss common problems noted with coding the MDS 3.0.

Objectives:

1. Define the ARD and the implications of setting it appropriately.
2. Discuss the coding of sections M and O.

Nurse Educator Corner

More Jargon!

By Patricia Porterfield, EdD, MSN, RN, MLN Board of Directors

As if we don't have enough initials and acronyms, we now have a couple more to deal with in our curriculum revision and planning. Have you looked at "ACES" (Advancing Care Excellence for Seniors), developed by a partnership between the NLN and the Community College of Philadelphia? Or how about "QSEN" (Quality and Safety Education for Nurses) and its related KSAs (Knowledge, Skills, and Attitudes), based on IOM competencies?

As accreditation standards and evidence change, it helps to keep up!

Experience of a QSEN Pilot School:

St. John's College of Nursing and Health Sciences, Associate Degree Program, Springfield, Missouri

By Rebecca Miller, MSN, RN, CNE, MLN Board of Directors

In 2007, our program was privileged to be selected as one of 15 pilot schools in Phase II of the QSEN (Quality and Safety Education for Nurses) research. This research, funded by the Robert Wood Foundation, was directed by principle investigator, Dr. Linda Cronenwett and co-investigator, Gwen Sherwood, both from the University of North Carolina at Chapel Hill. The QSEN website, <http://www.qsen.org>, provides a complete listing of the other pilot schools as well as comprehensive information about the research project.

Needless to say, we were very excited to be a part of this research. We certainly appreciated the reasons driving the project that were identified by the Institute of Medicine. The need for change in the education of health care professionals (particularly nurses) to handle the complexity of health care while reducing error and increasing safety and quality for patients was compelling.

The timing for us to do this project was a “perfect storm.” We were just beginning a curriculum revision and getting started with simulation. The university was implementing a new learning platform with much more functionality, and our practice partner was launching a comprehensive electronic health record. The opportunity for change was everywhere around us.

The six QSEN competencies include the following categories: patient centered care, teamwork and collaboration, evidenced-based practice, safety, quality improvement, and informatics. The six competencies are further described by pre-licensure knowledge, skills, and attitudes (KSAs) for each category. The KSAs were developed by a group of nurse experts in Phase 1 of the project.

Our work began with an assessment of our own curriculum for the KSAs. We were encouraged because we found more than we had initially expected in our curriculum that related to the KSAs. However, there were some deficiencies identified as well. We knew there was little room for new content in our curriculum, so we made the effort to reframe what we were already doing in light of what we were learning about QSEN. We had just begun to bring evidenced-based practice into course content and our skills lab and, now there was even more reason to focus on this task.

The area that most challenged us in an associate degree program was quality improvement. To help us with this competency, we turned to our practice partner so faculty could more fully understand the activities in which they were engaged at the hospital. A faculty development activity was held on two occasions to facilitate this understanding. Quality improvement staff explained an overview of their work and challenges they face. This enabled us to better bring this important work to the awareness of students during their clinical experiences.

After the assessment, our program's project implementation team, comprised of Tonyha Sumners, Teresa Russell, and myself, set out to share as much information as we could with the faculty and students. In the fall of 2007, we attended the first collaborative of pilot schools. This was rich with information. We shared this in a variety of ways. We developed a fact sheet to share with the students. We wanted to take advantage of the opportunity to share the research we were involved in with them. We also developed a reference manual for faculty, placed the work we were doing on a shared network, and added the topic of QSEN to all of our faculty meetings for the next two years.

As work progressed on the new curriculum, we elected to add the competencies as threads in our curriculum. QSEN language was infused into our course outcomes and course and clinical objectives. We devised ways to track these in our systematic evaluation plan. Faculty in each course was asked to think about new strategies to involve students in course work that led to achievement of KSAs.

In the first semester, the faculty elected to introduce the students to QSEN competencies in the first two weeks of the fundamentals course. We let go of the principle of simple to complex in the curriculum and launched into evidenced-based practice, national patient safety goals, and crucial conversations. Safe patient handling algorithms, infection control policies, and an approach to patient-centered care based on our institutional mission and values were all a part of this as well. We learned that before students may gain knowledge in a particular content area, it is essential that they see the value of the needed knowledge. This is especially true for topics like teamwork and collaboration, so time was spent doing fun activities with students during orientation to encourage teamwork from the beginning of the program. This helped develop the attitude necessary to acquire the knowledge.

We also chose to work on increasing our use of simulation in the program. We used a portion of our grant money to bring Dr. Carol Durham, University of North Carolina at Chapel Hill, to the college to help us in this endeavor. Dr. Durham, Director, Clinical Education and Resource Center, is a recognized expert in the use of simulation. She was able to give us helpful direction for our simulation work.

In June 2008, Tonyha and I traveled to the second collaborative to share the work we had done with other pilot schools, who also presented their work. Much of this information is now on the website for nurse educators everywhere to use and contribute. Please take some time to check it out, you will likely find a teaching strategy to use in your program.

Our program continues to work on enriching our QSEN focus, which ultimately benefits the patients we care for with our students and hopefully all the patients they will touch as graduates. The QSEN research also continues with the focus in Phase III on further faculty development and sustaining this important work. KSAs at the graduate level have been identified. QSEN related nursing literature and resources are now plentiful. Progress is being made to improve quality and safety of nursing care nationally.

Free Labor and Employment Law Seminar



THE LOWENBAUM PARTNERSHIP, L.L.C.

The MLN is excited to announce a **FREE legal seminar for MLN Agency members** presented by The Lowenbaum Partnership, L.L.C. There are three more workshops coming up. Don't miss out!

It is my pleasure to invite you to attend the upcoming 2010 Lowenbaum Partnership Annual Legal Update Seminar. We hope that our free half-day seminar will once again provide informative and insightful legal updates concerning labor law, employment law, employee benefits law, and corporate transactional trends. Whether you are a first time attendee or have attended our seminar in the past, based on the feedback we receive each year, I think you will find the upcoming seminar to be both very informative and practical.

- October 7th, Saint Charles Convention Center, One Convention Center Plaza, Saint Charles, MO 63303
- October 19th, Ramada Oasis, 2546 North Glenstone, Springfield, MO 65803
- November 3rd, Crowne Plaza Hotel, 3000 South Dirksen Parkway, Springfield, IL 62703

The October 7 seminar will start with a continental breakfast at 7:30 a.m. The general session will begin at 8:00 a.m. and last until approximately 9:15 a.m. The general session will be followed by separate breakout sessions on current labor and employment law topics, employee benefits, and corporate transactional issues. The

breakout sessions allow you to choose the topics most relevant to you. This year you will have the opportunity to attend three breakout sessions. We will then reconvene as one large group to answer any remaining questions and will be finished at approximately 11:45 a.m.

Registration for the October 19 and November 3 seminars will begin at 12:30 p.m. and a light snack will be provided. The format for these seminars will be basically the same as described above except the general session will start at 1:00 p.m. and be finished at approximately 4:45 p.m.

You are invited to bring those individuals from your company and individuals from other businesses that you feel will benefit from the seminar. As part of our continued commitment to provide value-added services to our clients, the seminar is offered at no charge.

To register please visit www.lowenbaumlaw.com and click on the “2010 Seminar RSVP” link. Just fill in the required information and you will be assured a spot at this year’s seminar.

I am also happy to announce that Scott Stewart joined our firm in June. Scott is an excellent and well-respected labor and employment lawyer with more than 15 years experience and was previously affiliated with Hepler Broom LLC. We hope you have the opportunity to meet Scott at the seminar you attend.

I look forward to seeing you at one of our seminars. If you have any questions, please feel free to contact me at 314-746-4800, or Sarah Leonard at 314-746-4891.

Very truly yours,
R. Michael Lowenbaum

New Springfield MLN Unit Chair

By Rebecca Miller, MSN, RN, CNE, MLN Board of Directors

I would like to take this opportunity to introduce myself to those of you in the Springfield region. My name is Rebecca Miller. This is my 36th year to be privileged to be a registered nurse. I moved to Springfield in 1979 from St. Louis and have worked in a few different nursing positions here since then. My clinical background has been in critical care and emergency room nursing. For the past 18 years, I have been a nurse educator at St. John’s College of Nursing where I was primarily responsible for teaching mental health content. In January of 2009, I became the director of the associate degree program. I am a graduate of Missouri State University for my BSN and University of Missouri for my MSN. Go BEARS and TIGERS!

I have been a long time member of MLN and I am honored now to be the Springfield unit chair. It would be impossible to count the number of MLN sponsored workshops I have attended over the years; it is quite a few. Even though I may not remember the exact number I have attended, I am certain of the quality of the presentation that I get from MLN. In this day and age I know that I will get my money’s worth from this organization. I encourage you to look at the calendar for the upcoming year and see what MLN has to offer. If I can assist those of you in the Springfield region in any way, please let me know. I would love to hear from you. You can contact me at Rebecca.Miller@Mercy.net. I hope you all enjoy a lovely fall season; I’m looking forward to it!

What's In Store for MLN's 2011 Annual Conference?

The MLN is gearing up to bring you the most outstanding conference yet! We have general sessions and breakouts for all professions in health care. So, mark your calendars now for April 13-15, 2011. The conference will be held at Tan-Tar-A Resort, Osage Beach, Missouri.

Attend the Pre-Convention Program along with the Annual Conference to earn 20 CE's!

Highlights from MLN July 2010 Board of Directors Meetings

By Lana Martin, Executive Director

Board members participated in new board member orientation and the Board Retreat July 23-24 in Jefferson City. The retreat included developing a new strategic plan, brainstorming sessions regarding the challenges facing health care professionals, and networking activities.

Highlights of business conducted:

- Reviewed financial reports for first and second quarters and approved filing for audit. Net through June 30 is down \$38,000 compared to June 30, 2009. Costs are up due to loss of sponsorships. With the downturn in income, discussed how to deal with this effectively and efficiently.
- Reviewed workshop attendance for first half of the year noting attendance has increased by 27 compared to 2009 and 8% of the spring workshops were cancelled due to low attendance and weather compared to 24% cancelled the previous year, resulting in a loss of \$28,329 compared to over \$20,000 in 2009. There are 40 workshop offerings planned for this fall.
- Reviewed the 2011 program topics to be offered January through June. Continuing education offerings for the fall will be planned after the beginning of the year and will be published separately. Due to the success of a pilot program this year, two one-day workshops will be paired together again in St. Louis and Kansas City to provide 12 hours of CE credit in a two-day, Friday afternoon/Saturday format. Be watching for the MLN 2011 CE Calendar for details. A new pilot site has been added, Troy. Staff will continue to work with facilities to bring needed education directly to their respective facilities.
- Nichole Brink reported 14 online courses are now available with three additional courses to be added: nutrition, dementia, and infection control.
- Received report from Lori Bonnot on success of the Missouri Leadership Institute for Nurse Educators, June 16-18, Columbia, MO. The MLN is grateful to the Missouri State Board of Nursing for their support of this program. There were 49 nurse educators in attendance.
- Received an update from Lori Bonnot on the Director of Nursing in Long Term Care Management Institute held in March. There were 29 participants at this Institute.
- Approved recommendations from Senda Guertzgen, Scholarship Committee Chair:
 - Add requirement that schools of nursing shall be Agency members of either the Missouri League for Nursing or the National League for Nursing for their students to be eligible for MLN scholarships.
 - Combine the MLN Scholarship and the Memorial Scholarship and offer scholarships through the MLN Memorial Scholarship Fund.
 - Due to lack of funds, only award \$3,000 from the MLN Memorial Scholarship Fund for the

2010-11 school year.

Announced the Missouri Organization of Associate Degree Nursing will be offering a \$1,000 scholarship for a nursing student in an associate degree program, which will be administered by the MLN in conjunction with their scholarships.

- Dee Esry reported SB724 passed and has been signed by the Governor. APRN's may not start writing prescriptions for controlled substances yet. The State Board of Nursing has to write the rules that pertain to the criteria and application process that APRN's will have to follow in order to receive a certificate of eligibility for controlled substance prescriptive authority. The statutes directly related to APRN controlled substance prescriptive eligibility will not go into effect until rules have been promulgated.

As of June 1, Missouri is part of the national nurse licensure compact.

Discussed having a round-table discussion at Convention regarding nursing educational advancement.

- NLN Update:
 - MLN has been approved as an Affiliated Constituent League for another year and has renewed contract to serve as a regional NLN league to provide professional development for Kansas through May 31, 2010.
 - Regional professional development workshops for faculty:
 - Aligning Your Curriculum with NCLEX and Other Standards and Critical Thinking Item Writing Workshop, featuring Cheryl L. Mee, MSN, MBA, RN, BC, CMSRN, Manager Faculty Development, Academic e-Learning, Elsevier, Philadelphia, PA, October 15, 2010, at the Hyatt Place Overland Park Convention Center, Overland Park, KS.
 - Concept-Based Teaching Strategies for Student-Centered Learning, featuring Jean Giddens, PhD, RN, Professor and Executive Dean, College of Nursing, University of New Mexico, Albuquerque, NM, February 25, 2011, Renaissance St. Louis Hotel - Airport, St. Louis, MO.
 - Nursing's Instructions Impact on the Evolving Nursing Profession, featuring Nelda Godfrey, PhD, ACNS-BC, Associate Dean for Undergraduate Programs, Clinical Associate Professor, University of Kansas School of Nursing, on April 1, 2011, Austin Community College, Austin, TX.
 - NLN Preparation Course for Certification as a Nurse Educator, featuring Frances Eason, Ed.D, MSN, RN BC, CNE, ANEF, Professor, College of Nursing, East Carolina University, was held August 10, 2010, at the University of Texas—Arlington with 59 participants.
- Reviewed agenda for 2011 Annual Convention, "Magic in Health Care: Find the Magic in You," to be held April 13-15, 2011, at Tan-Tar-A Resort, Osage Beach, MO. The Nursing Home Administration Pre-Convention Program will be offered April 12-13 in conjunction with the convention. Approved maintaining same registration fees for another year.
- Announced the 20th Annual MLN Institute for Nursing Home Administrators will be held March 3-5, 2011, Lodge of Four Seasons, Lake Ozark, MO.
- Discussed the Bylaws membership reinstatement section and will ask the Bylaws Committee to meet and discuss removing this section of the Bylaws.
- Announced the Missouri Nursing Students Association convention will be in Springfield, October 15-16.
- Announced Board Meeting dates for 2011: January 28 (Conference Call), April 15, July 28-29 (Retreat), and October 21.

Dementia Friendly Hospitals: Care Not Crisis Program

Thursday, October 14

7 a.m. Registration

7:30 a.m.–3:30 p.m. Program

Alzheimer's Association, St. Louis Chapter Office
9370 Olive Blvd., St. Louis, MO 63132

This class helps prepare interdisciplinary hospital staff with **best practice approaches in care and treatment of hospitalized persons with dementia**. Avoid common poor outcomes for elderly patients and lower reimbursement rates. Learn more about positive, person-centered care approaches and smooth community transitions from our geriatric experts. Positive results are just a training class away.

Tuition: \$60 (**Mention the Missouri League for Nursing and receive a discount.**)
CE cost included and lunch provided.

For more information log onto www.alzstl.org or call 314-801-0452.

New Members

MISSOURI LEAGUE FOR NURSING – NEW MEMBERS

May 6, 2010 thru September 20, 2010 (if any names were omitted, it was unintentional)

KANSAS CITY UNIT

Individual Members

Georgann Foster
Gary Holmes
Kathy Rose
Debbie Stark

Agency Members

Life Care Ctr of Carrollton

KIRKSVILLE UNIT

Individual Members

Edith Oberholtzer

MARK TWAIN

Individual Members

Angela Acosta

MID-CENTRAL UNIT

Individual Members

Judy Crane
Linda Distler
Lori Sprock
Gary Yeakle

Agency Members

Moberly Area Community
College - Mexico

MISCELLANEOUS UNIT

Individual Members

Paula Acklie
Christine Durbin
Shane Edwards
Janet Feldkamp
Sheila Huskey
Karen Ledbetter
Susan Crain Lewis
Chris Osborn
Kristen Sneid
Frank Trimboli

OZARK SCENIC RIVERS

Individual Members

Philip Adelsberger
Alice Neal
Melinda Stubblefield
Charles Vanover

PONY EXPRESS

Individual Members

Janet Hunsucker
Tim Saxton

Agency Members

North Central Missouri
College - Bethany

SEMO UNIT

Individual Members

Sheri Dowdy
Jennifer Hendrickson
Rachel Jones
Shirley Scherer

SPRINGFIELD UNIT

Individual Members

Johnna Boch
Mary Cayton
Barry Clark
Rajab Echessa
Johnna Greathouse
Penny Hruby

Carol Johnson
Kim Laudig
Donna Quimby-Edwards
Norma Rayfield
Thomas Rippey

Agency Members

Willard Care Center

ST LOUIS UNIT

Individual Members

Augusto Arato
Jeanenne Clark
Marsha Cope
Pam Fuchs
Jennifer Gettman
Kathleen Harris
Patsy Howard
Pamela Johnson
Cathy Krege
Michelle Mick
Stephanie Pfungsten
La'Terryl Saddler
Wolfgang Volz

Board Members Directory

<http://www.mlnmonursing.org/Content/CMSUploads/board.pdf>

MLN Staff Directory

<http://www.mlnmonursing.org/Staff>

MLN Connection is the official publication of the Missouri League for Nursing and is received as a benefit of membership for all MLN members. Views expressed are those of the editor and authors and not necessarily those of MLN.